

# Invention Profile

## freeFORM Board

**Inventor Objective:** Seeking to expand distribution  
**IP Status:** PCT WO2007/112495, EP2007486A1, AU7233569BB  
**Development Stage:** Product available for sale and distribution

The freeFORM Board is a precision-engineered fitness training tool that rolls in any direction and helps to improve functional strength and fitness, enabling users to achieve better results faster.

The highly innovative training tool was developed by Yoga teacher Tony Susnjara, who originally designed the freeFORM Board to assist his pupils executing a difficult 'jump through' manoeuvre during classes. By allowing them to complete the move correctly while supporting much of their body weight, students were able to - without injury - incrementally achieve the strength, flexibility and co-ordination required to carry out the full action.

The freeFORM Board allows you to condition every major muscle-joint complex in the body through a full range of motion, in every direction, and through every angle and plane of motion. As such, the significant benefits beyond yoga are soon realised.

Tony dedicated three years to development and testing of the freeFORM Board, which is now available to all health and fitness professionals around the world.



*Image courtesy of The New Inventors ABC*



See the freeFORM Board in action on <http://www.freeformboard.com.au/>, [YouTube](#) or ABC's, ['The New Inventors'](#). For further information including sales and distribution opportunities, please phone 1300 135 486 or email [enquiry@freeformboard.com](mailto:enquiry@freeformboard.com).